

the five protective factors

The Children's Trust and our partners strengthen Massachusetts families by helping them build these Protective Factors in their lives.



1

parental resilience

the ability to cope and bounce back from all types of challenges

2

knowledge of parenting and child development

accurate information about raising young children and appropriate expectations for their behavior

3

social connections

friends, family members, neighbors, and others in the community who provide emotional support and assistance

4

children's social and emotional development

a child's ability to interact positively with others and communicate his or her emotions

5

concrete support in times of need

accessing life essentials, such as food, clothing, and housing, when there is an immediate need



strengthening families

childrenstrustma.org
onetoughjob.org